

# 2020 Pangos Best of Iowa League Game Rules

## League GAME PLAYING RULES

1. All games will be played in two (2) twenty (20) minute halves – running time with exception of the last minute of 2<sup>nd</sup> half which will be stop-clock.
2. Teams will be allowed to call two (2) full timeouts and one (1) thirty-second timeout during the regulation game.
3. 1<sup>st</sup> Overtime period will be 1 minutes. All subsequent OT periods will be “sudden death” – 1<sup>st</sup> team that scores wins.
4. There will be a two (2) minute rest period between halves.
5. No player will be disqualified.
6. Teams will shoot bonus (1 plus 1) after the 10<sup>th</sup> team foul. There will be NO double-bonus in any game.
7. Substitution breaks will occur every 5 minutes. All players must play a minimum of half of each game.